

TEAM NUTRITION MENTOR PROGRAM ENROLLMENT FORM

Check one.

- ☐ I would like to be a mentor.
- ☐ I would like to receive mentoring.

NAME _____

ADDRESS _____

PHONE _____

EMAIL _____

If **mentoring**, indicate areas of **experience**:

If **seeking help**, indicate areas of **concern**:

- ☐ Lunch program
- ☐ Meal planning, dietary guidelines
- ☐ Production records
- ☐ Financial self-sufficiency
- ☐ Resources, recipes
- ☐ Staffing, training
- ☐ Quantity cooking
- ☐ Marketing and promotion
- ☐ Breakfast program
- ☐ Summer feeding program
- ☐ Other _____

SOUTH DAKOTA TEAM NUTRITION SCHOOL FOOD SERVICE MENTOR PROGRAM

- Facing challenges in today's food service arena?
- Not enough time to get everything done that is required or requested of you?
- Assistance is available to make the job easier, more efficient, and more effective.
- The SD Department of Education Child and Adult Nutrition Services, in partnership with SDSU Cooperative Extension Service, is offering a school food service mentoring program.
- The program is offered as a service to schools at no charge. Mentors are reimbursed through a TEAM Nutrition Grant.



WHAT IS MENTORING?

The program pairs an experienced food service director with school food service personnel in schools that may be experiencing some challenges.

Areas include (but are not limited to): food procurement, menu planning, food production, marketing, cost control, special diets and personnel management.

A mentor guides a less experienced person through new challenges of life and work while sharing experiences, pitfalls to avoid, and activities that advance knowledge and skill. The mentoring process involves goals, expectations, and commitment by both parties. Communication is key in the mentor-partner relationship. Effective mentors possess patience, enthusiasm, knowledge, a sense of humor, and respect.

- Learning partners are responsible for: integrating the knowledge shared by the mentor into his or her own framework of career development and reporting on progress made.
- Mentors are responsible for: contacting learning partners monthly, visiting mentored schools, preparing an Action Plan, and reporting on progress.
- Administrators are responsible for: permissions and support.



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Detach and return to:
Karlys Wells, NFA 212 Box 2275A,
Brookings, SD 57007

SATISFIED PARTICIPANTS

"I consider the TEAM Nutrition Mentoring Project vital to the success of our profession. It is an honor to work with such caring, kind and motivated people. All of my mentees, students if you will, want to learn in order to provide their customers the very best we have to offer.

I am proud to be able to lead, direct, listen, and help in any

way I'm able. I sincerely hope to continue in this role."

Veteran Mentor

"It was helpful to talk to someone who works in food service and has experienced some of the things I am going through and can suggest some remedies for the problems."

Mentoring Partner



TEAM NUTRITION
US DEPARTMENT
OF AGRICULTURE
<http://www.fns.usda.gov/tn/>



SOUTH DAKOTA STATE UNIVERSITY
College of Agriculture & Biological Sciences
South Dakota Cooperative Extension Service

<http://extfcs.sdstate.edu/index.cfm>

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TEAM Nutrition



FOOD SERVICE MENTOR PROGRAM



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